



MID SUSSEX RIDING CLUB

COVID-19 training policy

- Anyone displaying COVID-19 symptoms, however mild, should stay at home. Anyone who has been in contact with someone that is showing symptoms should stay at home. Anyone considered vulnerable should stay at home
- Everyone attending should take their temperature before they leave home
- Social distancing and government advice must be adhered to
- Anyone who doesn't comply with these protocols will be asked to leave the venue immediately
- Sessions will include no more than 6 people (including trainer and the organiser/committee member)
- Only 1 helper per horse permitted. In addition to this, 1 extra person is allowed for Junior and/or disabled riders
- Payment to be made in advance, by BACS only. No cash will be accepted
- Where there will be multiple lorries/trailers, there will be marked parking bays, 5m apart, to allow horses to be tied up on one side (this maybe reduced to 3m should space not be sufficient)
- No dogs allowed
- Riders should arrive, complete their training session and return home. Arrive no more than 15 minutes before you're allotted start time, and leave no more than 15 minutes after your finish time
- Only the organiser/trainer to open/close arena gates. Please mount in the car park and ride to the arenas
- Only the organiser/trainer to handle any equipment (i.e. jumps)
- You must be able to tack up/mount/do your girth up etc alone as we cannot maintain social distancing if having to help you with these things